



Shawnee Skogen 5-689



Hilsen fra Presidenten Wendy Winkelman

NEXT MTG:
Sept. 18, 2022,
2:00 p.m.
Giant City
Park, #3

God dag Members!

This month is our start to our Fall/Winter/Spring meetings. We will again be meeting at Giant City State Park in Shelter #3. The date is Sept. 18th and we will begin at 2 pm.

While Nathan, Bill and I were at the SON District 5 Convention, we were given the District "Immigrant Trunk". We will open this trunk at our meeting to see what we can find inside. It should be fun to see what is in there. If you have anything Scandinavian that you would like to put in this trunk, please bring it along. The District asks that each lodge donate something to put back in the trunk to send off to other lodges.

We had a wonderful time at the Charman's, enjoying so much good food and company. We heard the balloon festival

had 30,000 attendees! It was quite a show to see the balloons.

Check out Pg. 6-7 in this newsletter. It is a story about one of our Charter Shawnee Skogen members. It is quite a story.

At our Sept. meeting, I would like to discuss our Facebook page/Group and also our meeting times as well.

We have lost quite a few members in Shawnee Skogen lodge. Perhaps we could come up with some ideas too to get new members to join us. Please come with those ideas.

See you all on the 18th!

PS Ron will be handing out pins for Sports Medal participants.

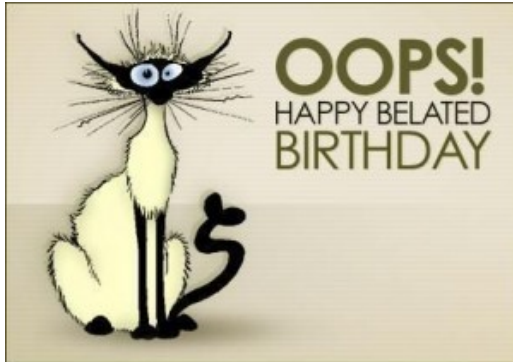
President, Wendy



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Happy Birthday to our Members ! “Gratulerer med dagen”



Kirsten Sevik	June	2
Leah Rose Engen	June	30
Jeannell Charman	July	5
Christian H Moe	July	6
Michael Frederick Charman	July	12
Ronald A Naversen	August	1
Elaine H Melby	August	16
Heather Kjellesvik	August	25
Amy E McCulloch	August	28
Gabriel Nutter	September	2
Nancy Ruth Schick	September	7
Julie A Bohnsack	September	8
Brad McCulloch	September	8
Charles Gerth	September	17
Nathaniel G Nutter	September	25

Let Us Celebrate —
Sept. 18, Sunday, 2 p.m.— Giant City Park
Shelter 3

Sons of Norway Book Club

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The popular book club is rapidly growing and in most months, we've added an additional meeting time so more members can take part.



For September, members will be reading: “The Far Traveler: Voyages of a Viking Woman” by Nancy Marie Brown and “The Land of Dreams” by Vidar Sundstol.

Shawnee Members, how about we do this together? We could earn our Reading Cultural Skill Pin!

For bookclub: send an email to SonsOfNorwayBookClub@gmail.com

See the attached pages about the book club.



Lodge Programs for 2022

Programs need to be set up for our meetings in 2022. Please send your ideas to the Program Director, Heather Kjellesvik at hkjellesvik@gmail.com.

January 17	2022	Lodge Participation	Zoom Cultural Skills Music #1
February 20	2022	Giant City Park	Girl Scout Troop Presentation on Norway
March 20	2022	Zoom	Zoom Cultural Skills Music #2
April 17	2022	No Mtg	No Meeting as this is Easter Sunday
May 15	2022	Giant City, #1 Mother's Day	Syttende Celebration— Potluck
June 5	2022	Carpooling or Meeting there	AROUND THE WORLD" Field Trip to: 2849 Laclede Station Road, Maplewood, MO 7:00 pm (members Nancy & Ann performing)
July 17	2022		Open to Ideas for Summer Meeting
August 20 (Saturday)	2022	Mike/Jeannell	Centralia Balloon Fest at the Charman's home
September 18	2022	Giant City, #3	Immigrant Trunk
October 16	2022		Social Meeting
November 20	2022	Bill/Wendy	Lefse Making
December 11	2022	Ron/Todd	5th Annual Julebörd at Todd Brown's home

2022 Officers

President:	Wendy Winkelman	wendyathadeland@yahoo.com
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Sports Medal Awards

Nathan Nutter has completed the steps for the Idrettsmerke Enamel sports pin. Along with his Krav Maga martial arts workout, Nathan has added "rucking" which is walking and jogging with weights (36 lb. sandbag!), and a "boot camp" style workout which includes bodyweight workouts and workouts with weights. He has now begun working to earn the Idrettshelt! Sports Hero Medal! Way to go Nathan!



Also, **Hazel Kay Bliss** has earned the Bronze, Silver, Gold, and Enamel Idrettsmerke Sports Pins in her jiu-jitsu training. Hazel is our youngest member to complete the requirements for sports pins!

"Rowengartner" is Nathan's exercising nickname!



Velkommen, Baby Boom!

A pandemic-related baby boom has sent Norwegian families scrambling to find perfect names for their new additions. 2021 saw over 3,000 more births in Norway than in 2020. Thankfully, help has come from an entity with a long history flaunting imaginative naming skills: IKEA.



Employees at the Norwegian branch of the Swedish retail giant combed through its catalogs, curating a "name bank" overflowing with over 800 monikers inspired by over 70 years of flat-pack tables, chairs, chandeliers, desks, and a mish-mash of other household staples.

While many IKEA product labels are inspired by Swedish place names, several others have appellations associated with humans. They range from the more typical, such as Billy, a strikingly modern black and white chair from 1970, to the more exotic such as Ulrika, a dainty side table available in 1958. The names are accompanied on the website by a picture of the item, the year it was introduced, and a description in Norwegian. The descriptions can apply to both the furniture item and to your newest family member.

Experience it yourself here! <https://www.ikea.com/no/no/campaigns/navnekatalogen-pub419139a0>

Sons of Norway Foundation Month

October is Foundation Month! This is a time to celebrate the Sons of Norway Foundation and the value the Foundation brings to our membership and communities. The Sons of Norway Foundation was founded in 1966 to support our members and now offers a wide range of scholarships and grants focused on promoting Norwegian heritage and culture, cross-cultural educational opportunities and humanitarian aid.



The Sons of Norway Foundation gives out over \$130,000 in grants and scholarships every year, but we need your support. Our scholarships and grants can be a lifeline for students, families and our lodges, and the economic effects caused by COVID-19 only increase the need for these vital opportunities. During Foundation Month we ask that you find a way to support the Foundation, whether it be through a personal donation or participating with your lodge.

Be a part of something bigger with the Sons of Norway Foundation. Stay tuned on the Foundation's [website](#) and [Facebook](#) to find out how to get involved in October.

Hurtigruten Hopes for Zero Emission Ship by 2030

The Hurtigruten Norwegian Coastal Express has operated for nearly 130 years, traveling between 34 ports, from Bergen to Kirkenes. It is a popular way for travelers to see remote Norwegian communities and beautiful fjords. Recently, the cruise company announced that by 2030, the route will feature its first zero-emissions passenger ship. As part of the initiative, Hurtigruten has partnered with a Norwegian research institute, SINTEF, to research and analyze the ship building program.

While Hurtigruten has made many strides towards sustainability in the past, Hurtigruten Group CEO, Daniel Skjeldam, called the project its “most ambitious sustainability initiative to date.” They will first start with the Norwegian Coastal Express as its route consists of frequent anchorages, making it easier to “fuel up.” Then they would like to expand the practices to their expedition ships, which travel to places like Antarctica and Alaska.

Hurtigruten plans to be very open with their findings in hopes that the rest of the industry can benefit, as well.



Photo Credit: Gordon Leggett / Wikimedia Commons

Remembering Kris Juul

Ron Naversen

Lodge member Kristen “Kris” Juul passed away on March 19, 2022, but due to COVID restrictions a memorial service was not held until this year at the Carbondale Unitarian Fellowship Hall. Kris had a remarkable life, first in Norway and then later in America. Kris’ story will be shared in two parts in this and in next month’s newsletter. The first part tells of Kris’ remarkable experiences during WWII, and the second will tell of his coming to America.

Kris was born on Aug. 2, 1923, in Rjukan, Norway. The youngest of eight children, he grew up in Årøesund, a small village on an island in the Oslo Fjord. In 1940 Kris was in gymnasium (Norwegian high school) when Germany occupied Norway soon after the beginning of WWII. The Nazi’s actively sought to recruit bright young Nordic men to their cause and Kris was at top of his class. “Every year he had the highest scores in the country,” explains his wife, Joan. Tall, blond, and bright, Kris was considered a perfect candidate for the German army. In 1941, after graduation Kris was ordered to enlist in the Schutzstaffel or S.S. If he refused, he would be sent to a concentration camp. Instead, Kris chose to join the Norwegian Underground to work against the Nazi occupation. Kris’ daughter, Kitty, reports that “He agreed to operate a radio in his bedroom --the only radio in Årøesund and report the news he learned from the BBC. One night the S.S. saw the light in his room and knocked on his door. His mom answered, and they asked to see who was upstairs. All the radio equipment was out. Had they seen that, he would have been shot. But, because he was so fluent in German, he met them at the stairs. They just wanted to ask him to shut off the light to avoid bombings. He was able to respond in German so they never went up the stairs.

In 1943 Kris narrowly escaped capture when the Nazis raided the University of Oslo, where he was attending school. The Nazis arrested all the professors and 1,250 students many of whom were sent to the Buchenwald and Sennheim concentration camps in Germany for military training. “All the intellectuals were taken away,” Kitty reports. Luckily Kris didn’t have classes that day and went into hiding. The Underground hid him in Oslo for weeks while his parents remained at home unaware of his fate. For the safety of his family, he chose not to contact them and tell them where he was.



Remembering Kris Juul (continued)

The Underground helped many young men escape to other countries where they would be safe and could better serve Norway. After hiding for several weeks in the university president's apartment in Oslo, "The Underground came to get me out of the country. They took me to a harbor to a fishing boat and then at night they took me across the North Sea to Sweden." Kris and a friend traveled through the narrow Oslofjord inlet to the North Sea hidden under fishing nets to conceal themselves from Nazi patrol boats. "The German boats went back and forth all the time looking for refugees," Kris explained.

After sailing for 10 hours, he finally arrived in neutral Sweden at four o'clock in the morning. "They put me on an island which was as big as this room with no vegetation, and I fell asleep. When I woke up somebody in a uniform stood looking down at me. It was a Swedish policeman and he said, 'welcome to freedom.'" After five years of being under Nazi occupation, the idea of freedom was fantastic." Kris stayed in Sweden for several weeks along with 50,000 Norwegian refugees until he was relocated to London.

In England, he met the Crown Prince Olav V who was the Norwegian Chief of Defense. Kris then enlisted in the Royal Norwegian Air Force, intending to become to be a pilot, but this training was discontinued because the war was nearing its end. Instead, he served as a geographer, providing maps for Allied forces. London was devastated due to the continuing German bombardment or "Blitz." "The city was in ruins, but the people were still strong." British and American planes would fly over London on their way to bombard Germany. "I still have the incredible feeling of joy. All these planes were going to bomb my enemy and we were going to win," said Kris. Despite these heroic air strikes, Kris was traumatized because he knew only one third of the planes would come back. "Many of these young soldiers were flying their first flight and their last. This is traumatic but it's true and they died for us, and these were young boys from all over the country." When the war ended, the BBC announced the names of the Norwegian boys who survived and his parents finally heard he was safe and coming home to Norway.

--Based on family interviews and "Escaping from NAZI Germany to Teaching at SIU: The Story of Kris Juul" by Kitt Fresa & Ameila Blakeley, *Daily Egyptian*. March 28, 2018.



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We're at:
<http://shawnee-skogen.com>



We're on Facebook
<http://facebook/southillinois/>

We are also apart of SON District 5—Check out their website at:
<http://sonsofnorway5.com/>



SONS of NORWAY

Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Norwegian Cinnamon Thumbs

Cookie Ingredients:

5 Tbsp. sugar
1 cup butter
2 cups flour
1 tsp. vanilla

Ingredients for Rolling:

1 tsp. cinnamon
1/4 cup sugar



Photo Credit: Lulu the Baker, luluthebaker.com

Preheat the oven to 350°F. Beat the sugar and butter together until fluffy. Add the flour and vanilla, and beat until dough comes together.

Take a small amount of dough (about the size of a tennis ball), and roll it gently into a long, skinny rope 1/2" in diameter (about the width of your pinky). Using a sharp knife, cut the dough into 2" pieces, making sure to cut on the diagonal instead of straight across.

Place cookies a few inches apart on a lined baking sheet, and bake 8-10 minutes, until just beginning to turn golden on the bottom edges. Remove cookies from oven and allow to cool slightly. While cookies are cooling, combine the cinnamon and sugar for rolling in a small bowl. When cookies are cool enough to handle, roll each one gently in the cinnamon sugar, and place on a cooling rack to finish cooling.

Source: <https://luluthebaker.com/norwegian-cinnamon-thumbs-huge-news/>

To Join the Sons of Norway Book Club, send an email with your name, lodge name and contact information (phone number and email address) to:

SonsofNorwayBookClub@gmail.com

Note: The Zoom sign on/link information will be available at the beginning of each month for that month's reads. It will be emailed to all current book club members on or around the beginning of each month.

Sons of Norway Book Club Selections July 2022 - April 2023

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September 2022 Book Club Selections

Main Read: *The Far Traveler: Voyages of a Viking Woman*
by Nancy Marie Brown. Published: 2007

Mystery Read: *The Land of Dreams* (#1 in The Minnesota Trilogy)
by Vidar Sundstol. Published: 2008 (Norwegian original)

Zoom Meeting/Discussion Date & Time: September 29
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



October 2022 Book Club Selections

Main Read: *Madhouse at the End of the Earth*
by Julian Sancton. Published: 2021

Mystery Read: *The Darkness* (Detective Inspector Hulda Hermannsdóttir #1)
by Ragnar Jonasson. Published: 2015 (Icelandic original)

Zoom Meeting/Discussion Date & Time: October 27
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



November 2022 Book Club Selections

Main Read: *Giants in the Earth*
by Ole Edvart Rolvaag. Published: 1927

Mystery Read: *My First Murder* (Maria Kalio #1)
by Leena Lehtolainen. Published: 1993 (Finnish original)

Zoom Meeting/Discussion Date & Time: November 24
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time

Sons of Norway Book Club Selections

July 2022 - April 2023

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December 2022 Book Club Selections

Main Read: *For the Love of Cod*

by Eric Dregni. Published: 2021

Mystery Read: *The Redbreast* (Harry Hole #3)

by Jo Nesbo. Published: 2000 (Norwegian original)

Zoom Meeting/Discussion Date & Time: December 29

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



January 2023 Book Club Selections

Main Read: *We Die Alone*

by David Howarth. Published: 1955

Mystery Read: *Eva's Eye* (Inspector Sejer #1)

by Karin Fossum. Published: 1995 (Norwegian original)

Zoom Meeting/Discussion Date & Time: January 26

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



February 2023 Book Club Selections

(a special two mystery month)

Main Read: *A Doll's House*

by Henrik Ibsen. Published: 1879

Mystery Read: *The Heirloom Murders* (a light mystery)

by Kathleen Ernst. Published: 2011

and

Mystery Read II: *The Man Who Smiled* (Kurt Wallander #4)

by Henning Mankell. Published: 1994 (Swedish original)

Zoom Meeting/Discussion Date & Time: February 23

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time

Sons of Norway Book Club Selections

July 2022 - April 2023

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March 2023 Book Club Selections

Main Read: *A Doll's House, Part 2*

by Lucas Hnath. Published: 2017

Mystery Read: *The Man Who Died*

by Antti Tuomainen. Published: 2017 (Finnish original)

Zoom Meeting/Discussion Date & Time: March 30

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



April 2023 Book Club Selections

Main Read: *The Viking Heart: How Scandinavians Conquered the World*

by Arthur Herman. Published: 2021

Mystery Read: *The Laughing Policeman* (Martin Beck #4)

by Maj Sjöwall and Per Wahloo. Published: 1968

Zoom Meeting/Discussion Date & Time: April 27

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time