



Hardanger  
Embroidery

*Hardangersøm*





How did I get here?





SONS OF  
NORWAY

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*District 5*



Classmates

Donna Olson





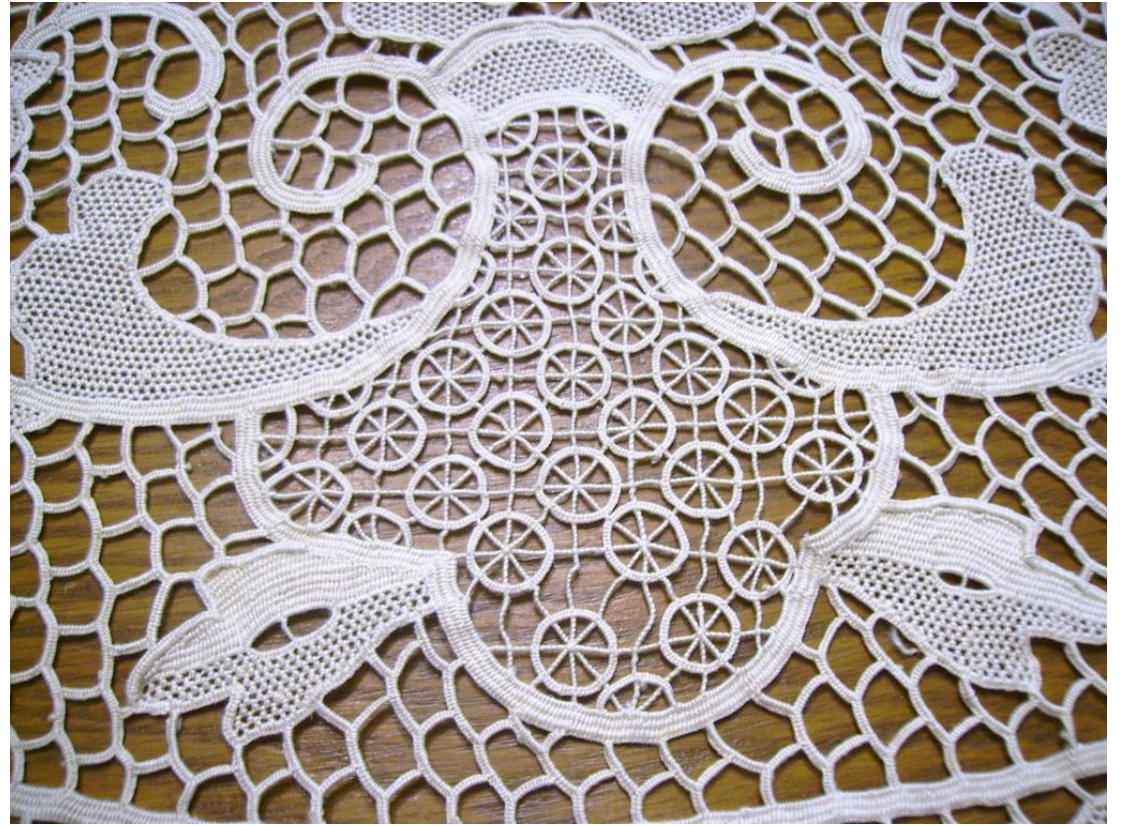
What is Hardangersøm?





Map 4-1  
 Ways of the World, First Edition  
 © 2009 Bedford/St.Martin's

# Ancient Persia



Italian Reticella





Danish Hedebo

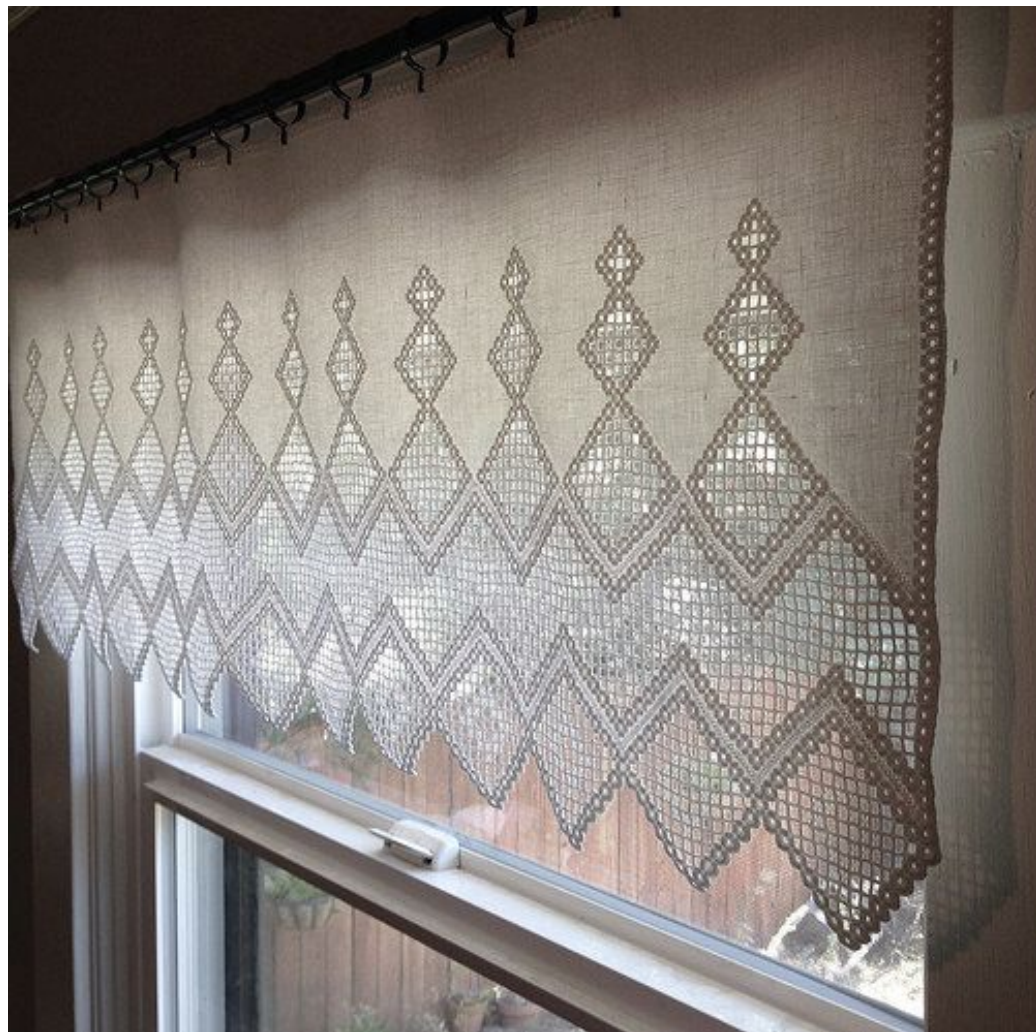


Hardanger Region



Bunads

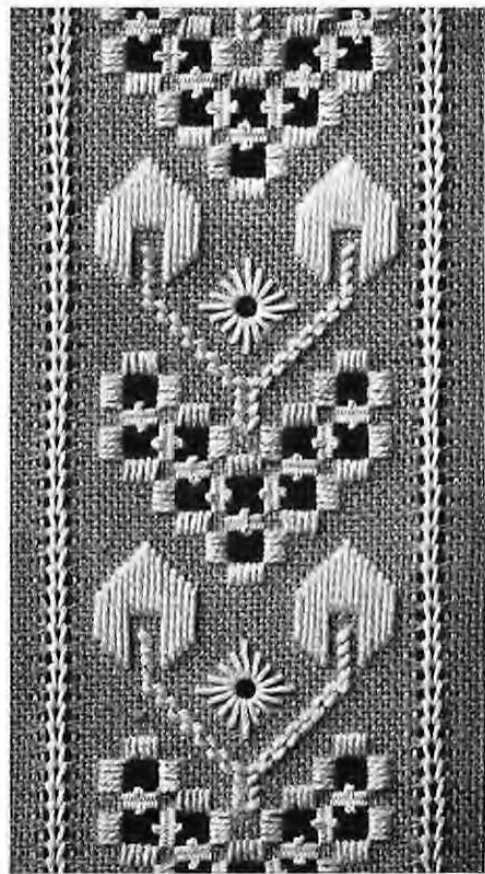
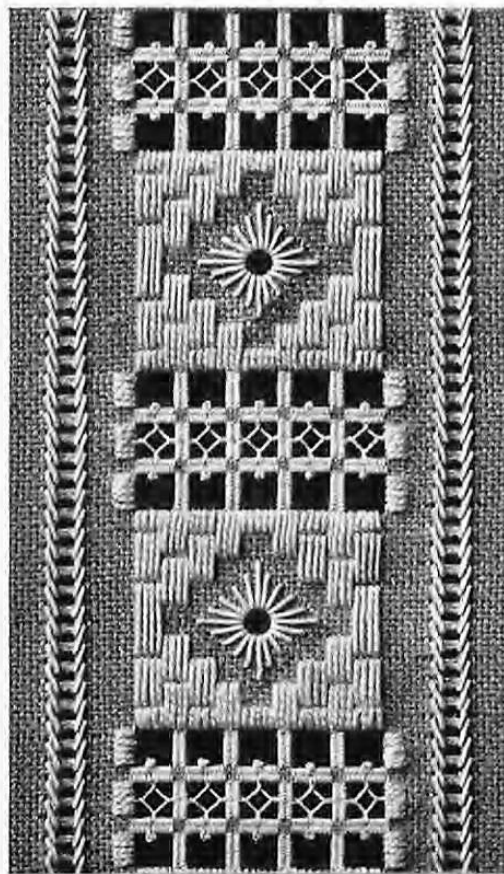
Curtains





Pillows, Table Runners

## Stitch Sampler



For embroidering, use the **D·M·C Cotton, Flax and Silk** embroidery threads

Google Photos



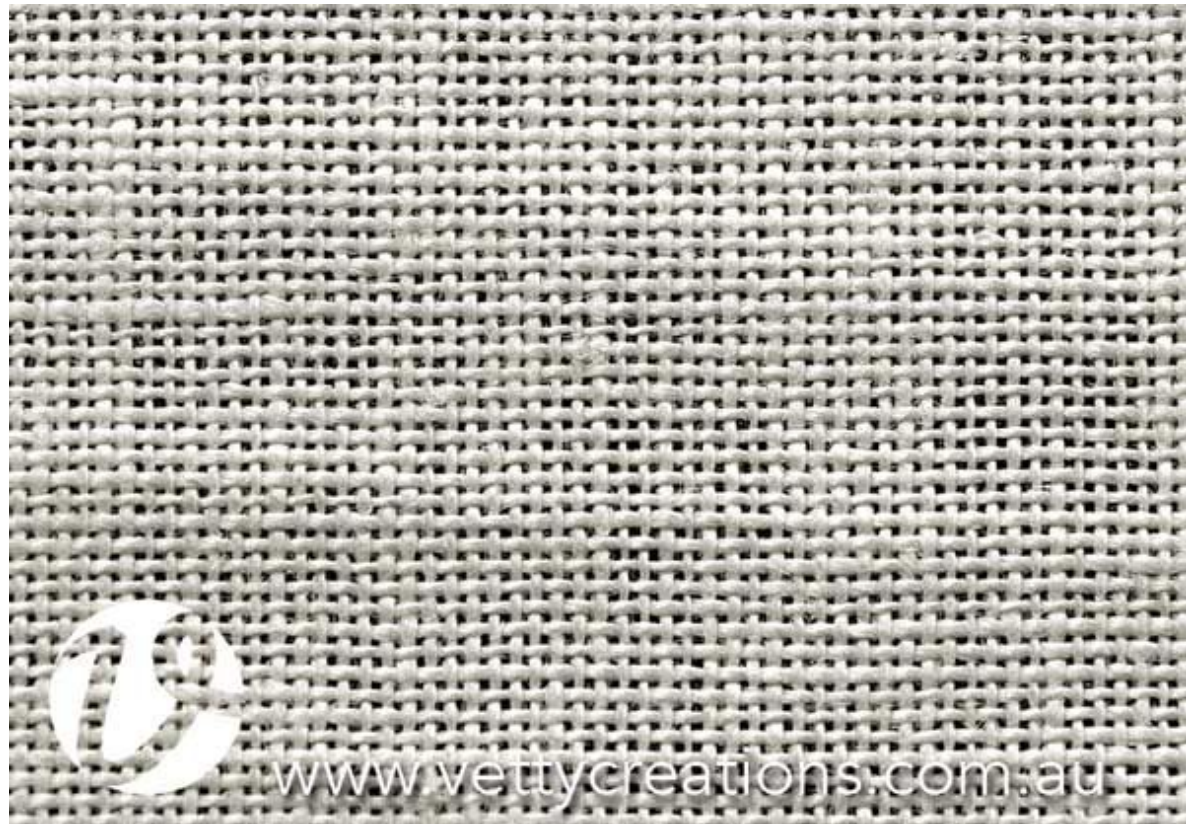
# Materials & Tools







Hardanger Fabric



Modern-Style Linen Fabric



Early-Style Linen



Embroidery Thread

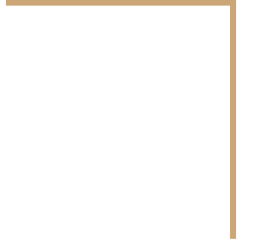


Tapestry Needles



Embroidery Scissors

# Cultural Skills Program



# Part 1: Activity 1

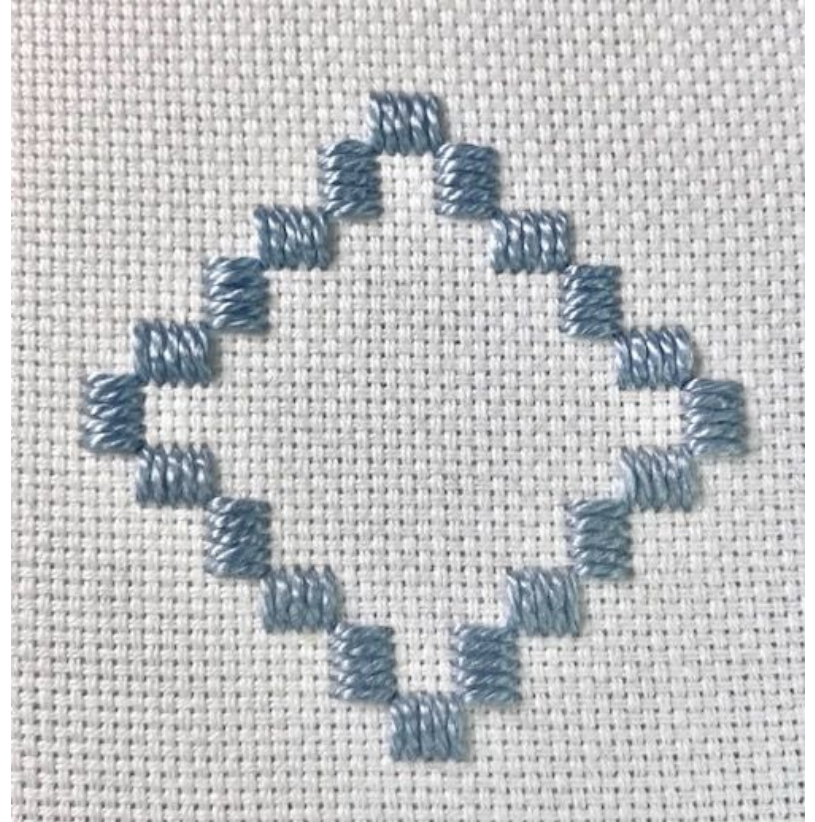
Learn seven stitches/techniques:

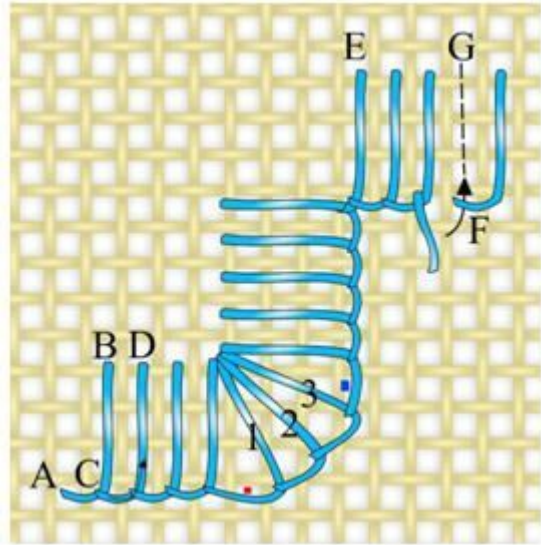
1. Kloster block/Satin stitch
2. Buttonhole/Blanket edge stitch
3. Eyelets
4. Cutting and thread removal
5. Cable stitch/Faggot stitch
6. Weaving bars
7. Dove's eye



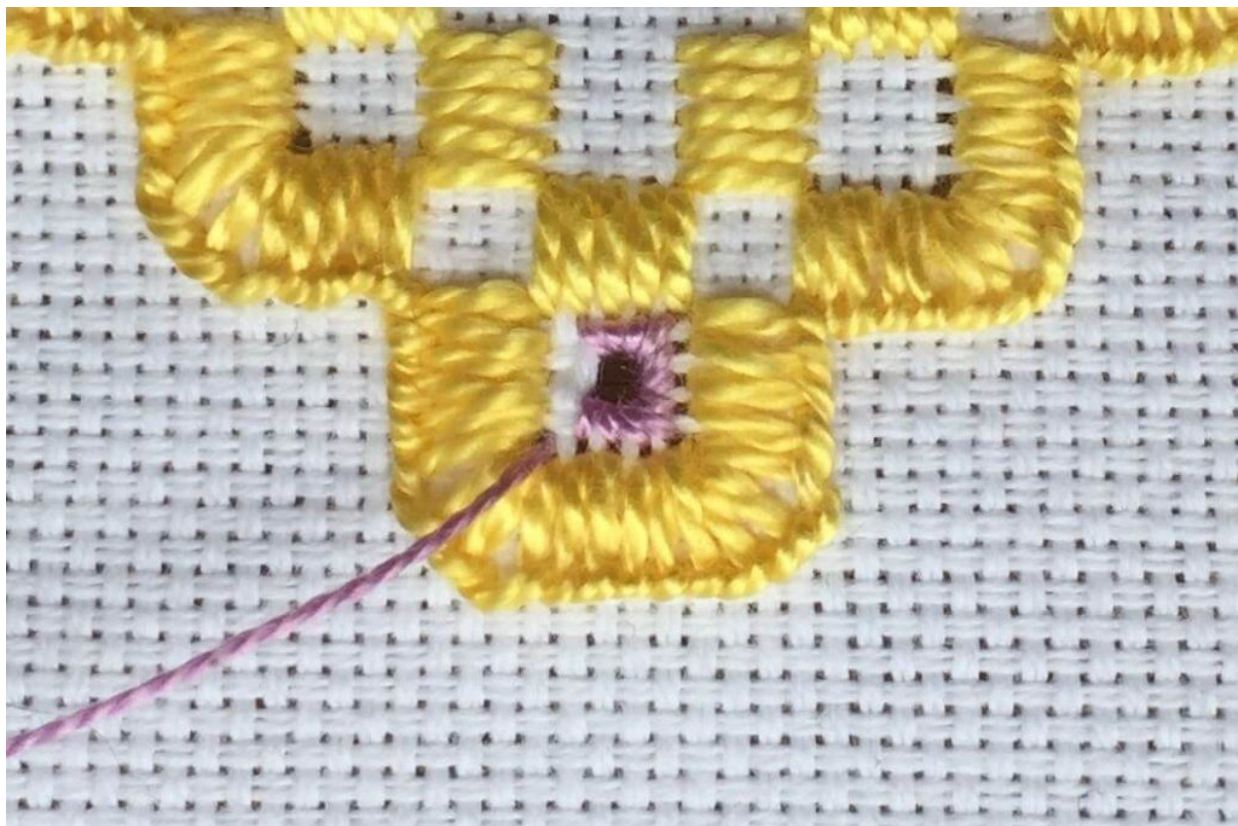


Kloster block



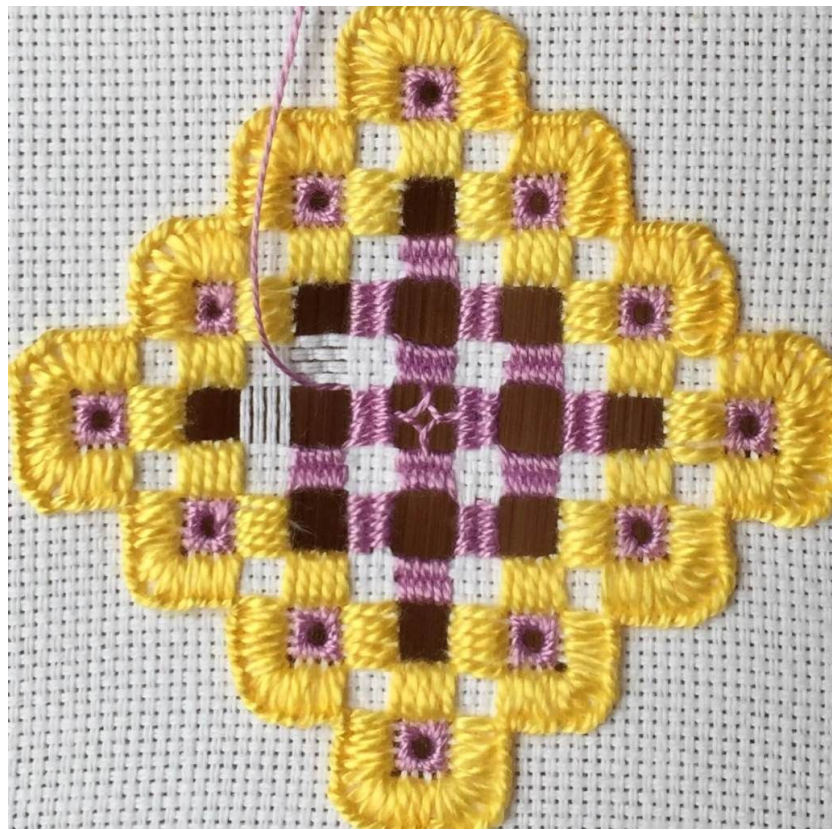


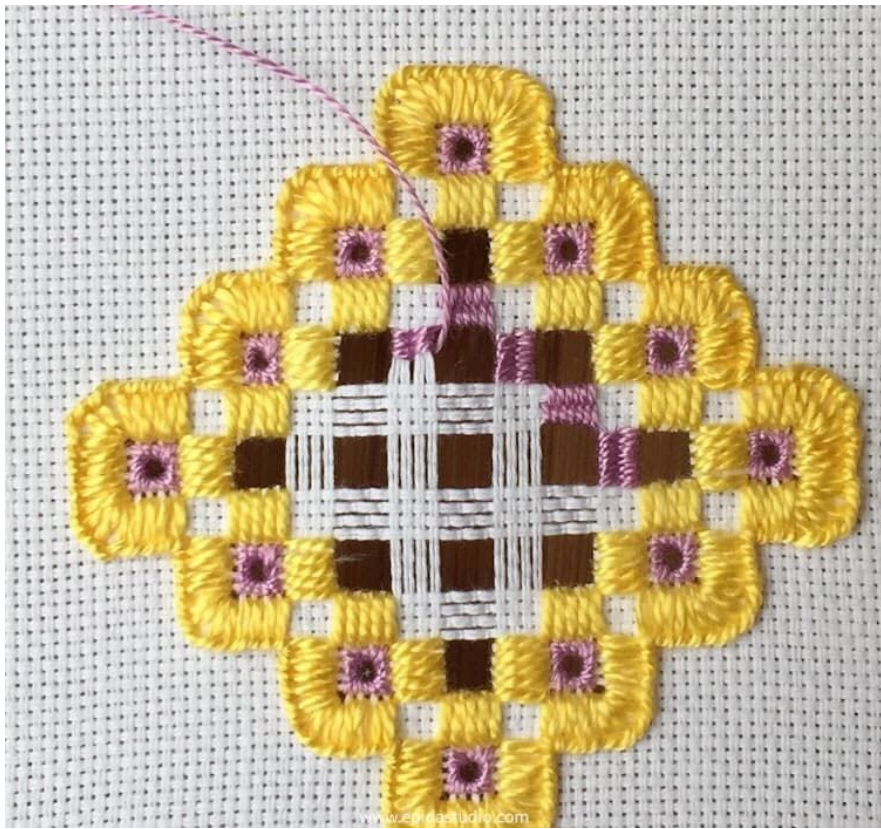
Buttonhole



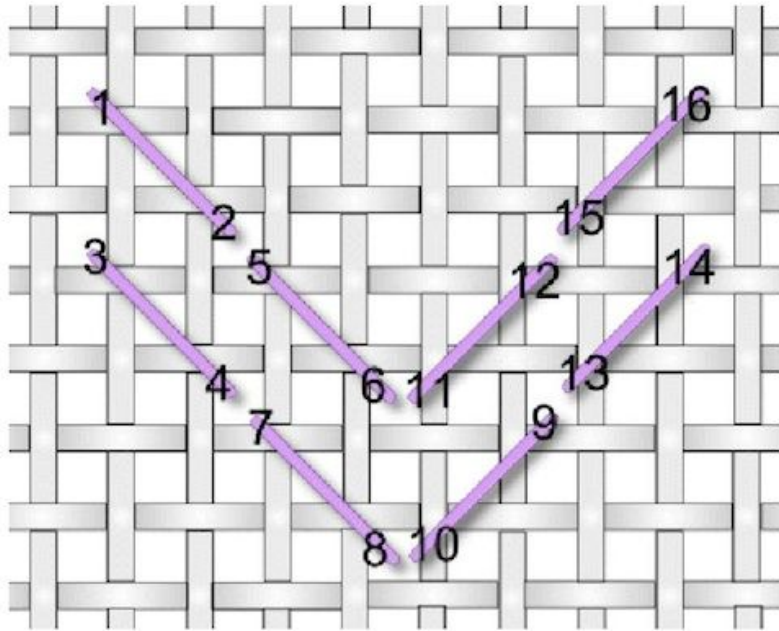
Eyelets

Dove's eye





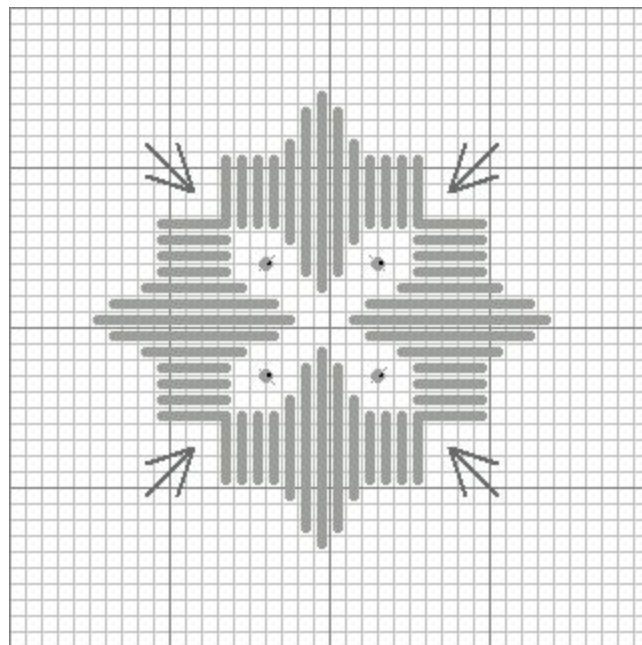
Weaving bars



Cable stitch

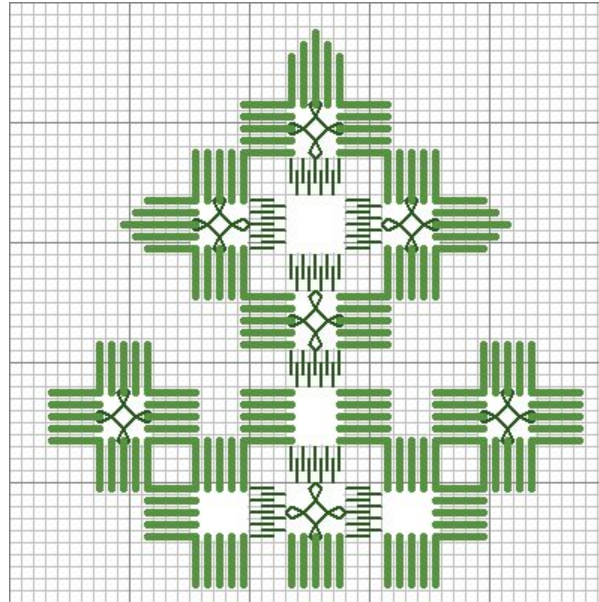
Designs





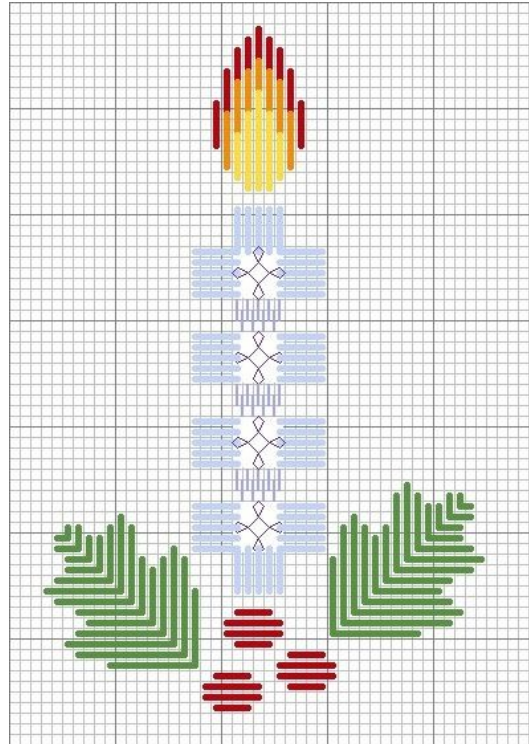
No-cut Star





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Anchor



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## Christmas Candle

# Part 1: Activities 2 & 3

- Activity 2
  - Demonstrate the prior Hardanger stitches/techniques in two sample items.
- Activity 3 (Pick One)
  - Research some aspect of Hardanger embroidery.
  - Participate in a Hardanger class or crafts club in your lodge or community.
  - Create a sampler of stitches.
  - Create your own piece of Hardanger embroidery.
  - Share what you have learned.
  - Form a crafts club in your lodge or community.
  - Establish a Hardanger embroidery class or group in your lodge or community.
  - Set up a Help Night in your lodge or community.

# Resources

1. Wikipedia: [Hardanger embroidery](https://en.wikipedia.org/wiki/Hardanger_embroidery)  
[https://en.wikipedia.org/wiki/Hardanger\\_embroidery](https://en.wikipedia.org/wiki/Hardanger_embroidery)
2. Sons of Norway: [Cultural Skills Program](https://www.sofn.com/member_resources/cultural_programming/cultural_skills_program/)  
[https://www.sofn.com/member\\_resources/cultural\\_programming/cultural\\_skills\\_program/](https://www.sofn.com/member_resources/cultural_programming/cultural_skills_program/)
  - a. [Hardanger Embroidery \(YouTube\)](https://www.sofn.com/wp-content/uploads/2018/11/unit8hardanger_rev8.11.pdf)  
[https://www.sofn.com/wp-content/uploads/2018/11/unit8hardanger\\_rev8.11.pdf](https://www.sofn.com/wp-content/uploads/2018/11/unit8hardanger_rev8.11.pdf)  
[https://www.youtube.com/playlist?list=PLJAn1AfEnOp7jxk-RVc1\\_6GHjth-y1hkj](https://www.youtube.com/playlist?list=PLJAn1AfEnOp7jxk-RVc1_6GHjth-y1hkj)
3. [Hardanger: Basic Stitches, Cutwork, Bar Weaving and Fill-in Stitches](http://noellefrancesdesigns.com/2017/03/12/hardanger-stitches/)  
<http://noellefrancesdesigns.com/2017/03/12/hardanger-stitches/>
4. [Free Hardanger Designs](https://www.mabelfigworthy.co.uk/freebies.php)  
<https://www.mabelfigworthy.co.uk/freebies.php>

# References

1. [Myth busting: Hardanger fabric](https://vettycreations.com.au/white-threads/2016/07/05/myth-busting-hardanger-fabric/)  
<https://vettycreations.com.au/white-threads/2016/07/05/myth-busting-hardanger-fabric/>